

**3. Title of the Project:** Strengthening Maternal Health Systems through the Introduction of ANC Tables at Anganwadi Centers in Bokaro District

**Total ANC Table:** 2254 Anganwadi Centres

**Target Group:** Women and child

**Need of the Project:**

Before the introduction of ANC (Antenatal Care) Tables at Anganwadi centers in the Bokaro district, there was a significant gap in the infrastructure necessary for providing structured and comprehensive antenatal care. Anganwadi centers, which are crucial touchpoints for maternal and child health services in rural areas, lacked the essential tools and facilities to monitor vital signs, provide nutritional guidance, track immunizations, and maintain consistent health records. This lack of infrastructure often resulted in irregular and incomplete antenatal care, leading to adverse pregnancy outcomes, including higher maternal and infant mortality rates.

The absence of a standardized system for antenatal care meant that pregnant women were not receiving the timely and appropriate interventions needed to ensure healthy pregnancies. Without dedicated spaces and resources, Anganwadi workers were unable to deliver consistent care, monitor progress effectively, or identify risks that required referrals to higher healthcare facilities. This situation highlighted a critical need for a solution that could standardize antenatal care delivery at the community level, ensuring that all pregnant women receive the necessary care throughout their pregnancy.

**Synopsis:**

The ANC (Antenatal Care) Tables project was initiated to address the gaps in antenatal care services at Anganwadi centers across the Bokaro district. As part of an initiative to strengthen health systems under SDG Goal 3: Good Health and Well-being, these tables were introduced to equip Anganwadi workers with the tools needed to deliver consistent, comprehensive, and standardized antenatal care.

The ANC Tables serve as a dedicated station for maternal health services, providing the necessary infrastructure to monitor vital signs, offer nutritional guidance, track immunizations, and maintain health records in a centralized location. This project aims to improve the quality of antenatal care by ensuring that all pregnant women receive timely interventions and appropriate care throughout their pregnancy.

By introducing these tables, the project seeks to reduce maternal and infant mortality rates, improve pregnancy outcomes, and educate mothers about the importance of regular check-ups and healthy practices during pregnancy. The project is aligned with SDG Goal 3, which aims to ensure healthy lives and promote well-being for all, particularly by reducing maternal mortality and improving maternal health.

**Expected Impact:**

The implementation of ANC Tables at Anganwadi centers in the Bokaro district is expected to have a profound and lasting impact on maternal and child health. By addressing the critical need for structured antenatal care, the project aims to significantly improve pregnancy outcomes and reduce maternal and infant mortality rates across the district.

The ANC Tables have standardized antenatal care delivery at the community level, ensuring that pregnant women receive consistent, comprehensive care. This standardization has led to better

monitoring of vital signs, more accurate tracking of immunizations, and improved nutritional guidance for expectant mothers. As a result, the quality of care provided at Anganwadi centers has improved, leading to healthier pregnancies and better outcomes for both mothers and their babies.

In addition to improving the quality of care, the ANC Tables have also played a crucial role in educating mothers about the importance of regular antenatal check-ups and healthy practices during pregnancy. This increased awareness is expected to lead to better health-seeking behavior among pregnant women, resulting in earlier detection of potential health risks and timely interventions.

The project is also expected to strengthen the overall health system in the Bokaro district by improving the capacity of Anganwadi centers to deliver maternal health services. By providing a dedicated space for antenatal care, the ANC Tables have made it easier for Anganwadi workers to monitor progress, maintain health records, and identify risks that require referral to higher healthcare facilities. This improved capacity is expected to lead to better coordination between Anganwadi centers and higher healthcare facilities, ensuring that pregnant women receive the care they need at every stage of their pregnancy.

Overall, the ANC Tables project is expected to contribute significantly to achieving SDG Goal 3 by ensuring healthier pregnancies, reducing maternal and infant mortality rates, and promoting well-being for all. By meeting a critical need in the healthcare system, the project is expected to have a lasting impact on maternal and child health, leading to stronger communities and better health outcomes across the Bokaro district.



